



safeTALK

New Zealand's suicide rate continues to rise, and our youth suicide rates are some of the highest in the developed world.

Yet, 'suicide' is a word like cancer. We don't like to say it, and talking about it makes us uncomfortable.

safeTALK provides training in how to talk about suicide safely and appropriately, in hopes of making suicide-safer communities.

This training is aimed at anyone who is keen to make a difference.

Cost \$75 per person

Saturday 8th June or 20th July
10am-2pm
St Hilda's Anglican Church
35 Cruickshank Road
Upper Hutt

For more information, or to book a space, contact:

Lance Lukin
022 620 2440



   