

PREPARE ENRICH

• *building strong relationships* •

Latest statistics would tell us that 1/3 of all marriages within New Zealand end in divorce, and the majority of these divorces occur within the first 5-9 years of marriage. Pre-marital education drastically reduces the potential for the issues that lead to divorce becoming a problem.

PREPARE/ENRICH is a customized couple assessment completed online that helps couples to identify strength and growth areas in their relationship. It is one of the most widely used programmes for premarital counselling and premarital education in the world.

Over 4 million couples have taken the PREPARE/ENRICH Programme since it began in 1980.

PREPARE/ENRICH helps couples:

- Identify strength and growth areas
- Explore personality traits
- Strengthen communication skills
- Resolve conflicts and reduce stress
- Compare family backgrounds
- Comfortably discuss financial issues
- Establish personal, couple, and family goals

The next facilitator training will take place on:

**Saturday 22nd June or 27th July
9am-4pm
St Hilda's Anglican Church
35 Cruickshank Road
Upper Hutt**

Cost \$150 per person/couple

For more information, or to book a space, contact:

**Lance Lukin
022 620 2440**

